Name_____

Date of birth_____

Date completed_____

Columbia Depression Scale (Ages 11 and over)
Present State (last 4 weeks)
TO BE COMPLETED BY TEEN

If the answer to the question is "No," check the box beneath "No"; if it is "Yes", check the box below "Yes". Please answer the following questions as honestly as possible.

In the last four weeks...	No	Yes
1. Have you often felt sad or depressed?	☐	☐
2. Have you felt like nothing is fun for you and you just aren't interested in anything?	☐	☐
3. Have you often felt grouchy or irritable and often in a bad mood, when even little things would make you mad?	☐	☐
4. Have you lost weight, more than just a few pounds?	☐	☐
5. Have you lost your appetite or often felt less like eating?	☐	☐
6. Have you gained a lot of weight, more than just a few pounds?	☐	☐
7. Have you felt much hungrier than usual or eaten a lot more than usual?	☐	☐
8. Have you had trouble sleeping, that is, trouble falling asleep, staying asleep, or waking up too early?	☐	☐
9. Have you slept more during the day than you usually do?	☐	☐
10. Have you often felt slowed down...like you walked or talked much slower than you usually do?	☐	☐
11. Have you often felt restless...like you had to keep walking around?	☐	☐
12. Have you had less energy than you usually do?	☐	☐
13. Has doing even little things made you feel really tired?	☐	☐
14. Have you often blamed yourself for bad things that happened?	☐	☐
15. Have you felt you couldn't do anything well or that you weren't as good-looking or as smart as other people?	☐	☐
16. Has it seemed like you couldn't think as clearly or as fast as usual?	☐	☐
17. Have you often had trouble keeping your mind on your [schoolwork / work] or other things?	☐	☐
18. Has it often been hard for you to make up your mind or to make decisions?	☐	☐
19. Have you often thought about death or about people who had died or about being dead yourself?	☐	☐
20. Have you thought seriously about killing yourself?	☐	☐
21. Have you EVER, in your WHOLE LIFE, tried to kill yourself or made a suicide attempt?	☐	☐
22. Have you tried to kill yourself in the last four weeks?	☐	☐